SAN MATEO ATHLETIC CLUB AQUATICS

Lap Swimming Availability
~April 2018~

Olympic Pool (20 Lanes, 78 - 80 Degrees)

Apr-18	Short Course: 25 Yards, 70 Lengths / Mile				Long Course (LCM) : 50 Meters, 32 Lengths / Mile		
	Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**	**Sunday**
Pool Open Hours	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	7:00a - 6:30p	7:00a - 6:30p
5:30a - 7:30a	8 Lanes	8 Lanes	8 Lanes	8 Lanes	8 Lanes	Pools Open at 7:00a	Pools Open at 7:00a
7:30a - 8:00a	8 Lanes	3 Lanes	8 Lanes	3 Lanes	8 Lanes	1 Lane LCM	2 Lanes LCM
8:00a - 9:00a	8 Lanes	8 Lanes	8 Lanes	8 Lanes	8 Lanes	1 Lane LCM	5 lanes @8:30a
9:00a - 10:00a	8 Lanes	8 Lanes	8 Lanes	8 Lanes	8 Lanes	2 lanes @ 9:15	5 Lanes LCM
10:00a - 11:00a	3 Lanes	8 Lanes	3 Lanes	8 Lanes	3 Lanes	4 Lanes LCM	5 Lanes LCM
11:00a - 12:00p	16 Lanes	16 Lanes	16 Lanes	16 Lanes	16 Lanes	4 Lanes LCM	5 Lanes LCM
12:00p - 1:00p	8 Lanes	8 Lanes	8 Lanes	8 Lanes	8 Lanes	4 Lanes LCM	5 Lanes LCM
1:00p - 4:00p	16 Lanes	16 Lanes	16 Lanes	16 Lanes	16 Lanes	4 Lanes LCM	4 Lanes LCM
4:00p - 6:30p	3 Lanes	3 Lanes	3 Lanes	3 Lanes	Long Course @ 5:45p - 3 lanes	5 Lanes LCM	Short Course @ 5:45p - 3 lanes
6:30p - 8:30p	4 Lanes	4 Lanes	4 Lanes	4 Lanes	3 Lanes LCM	Pools Close at 6:30p	Pools Close at 6:30p
8:30p - 9:15p	16 Lanes	16 Lanes	16 Lanes	12 Lanes	8 Lanes LCM		

Instructional Pool (6 Lanes, 86 - 88 Degrees) 25 Yards

Apr-18	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**	**Sunday**
	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	5:30a - 9:15p	7:00a - 6:30p	7:00a - 6:30p
5:30a - 8:00a	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	Pools Open at 7:00a	Pools Open at 7:00a
8:00a - 9:00a	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	0 lanes
9:00a - 10:00a	0 Lanes	1 Lane available 9:30 - 11am	0 Lanes	1 Lane available 9:30 - 11am	0 Lanes	0 lanes	3 Lanes
10:00a - 11:00a	1 Lane	1 Lane	1 Lane	1 Lane	1 Lane	3 Lanes	3 Lanes
11:00a - 12:00p	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	3 Lanes	3 Lanes
12:00p-12:30p	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	3 Lanes	3 Lanes
12:30p - 1:00p	5 Lanes	0 Lanes	5 Lanes	0 Lanes	5 Lanes	3 Lanes	3 Lanes
1:00p - 2:00p	5 Lanes	0 Lanes	5 Lanes	0 Lanes	5 Lanes	2 Lanes	3 Lanes
2:00p - 3:00p	4 Lanes	4 Lanes	4 Lanes	4 Lanes	4 Lanes	3 Lanes	3 Lanes
3:00p - 4:00p	4 Lanes	4 Lanes	4 Lanes	4 Lanes	4 Lanes	4 Lanes	3 Lanes
4:00p - 4:45p	2 Lanes	4 Lanes	2 Lanes	4 Lanes	2 Lanes	4 Lanes	3 Lanes
4:45p - 6:30p	2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	4 Lanes	3 Lanes
6:30p - 7:30p	4 Lanes	1 Lane	4 Lanes	1 Lane	4 Lanes	Pools Close at 6:30p	Pools Close at 6:30p
7:30p - 9:15p	5 Lanes	5 Lanes	5 Lanes	4 Lanes	5 Lanes		

Changes to Lap Lane Availability:

Sunday April 1	Easter Sunday. Holiday hours: 8am-1pm.
Thursday April 5	Pick-up Water Polo Game/s from 1pm-3pm for Member Appreciation Month.
April 6-8	American Red Cross Lifeguard Certification Courses. Ages 15 & Up. Participants will be in both pools throughout weekend.
Sunday April 8	Olympic Pool will be Short Course (25 yards) all day.
Sunday April 8	Special Olympic Swim Meet from 8am-12pm. Will take 3 deep lanes in Instructional Pool and 10 far lanes in Olympic Pool.
Sunday April 8	Sundae - Funday Family Swim from 2pm-5pm for Member Appreciation Month.
Wed April 11	Masters' Challenge Set at 5:45am & 12pm for Member Appreciation Month.
Thursday April 11	Bulldog Swim Club Intra Squad Meet. 6 additional lanes will be open for lap swimming from 4pm-6:30pm.
April 13-15	American Red Cross Lifeguard Certification Courses. Ages 15 & Up. Participants will be in both pools throughout weekend.
Monday April 16	Coached Workout for Lap Swimmers at 12pm & 6pm for Member Appreciation Month.
Saturday April 21	Limited availability in the Instructional Pool from 10am - 12pm and 2pm - 4pm (Total Immersion Clinic has 3 lanes).
Sunday April 22	Limited availability in the Instructional Pool from 9 - 10:30am and 12:30 - 2pm (Total Immersion Clinic has 3 lanes).
Tuesday April 24	Free Private Adult Swim Lesson for Member Appreciation Month.
Sunday April 29	Swim Across America. Both pools will be closed from 5:30am-12pm for the event.